

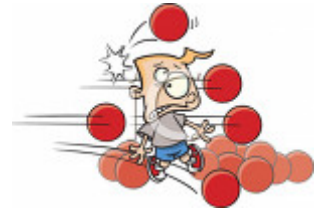


City of Fort Lupton

Adult Sports Manual



Dodge ball



Flag Football

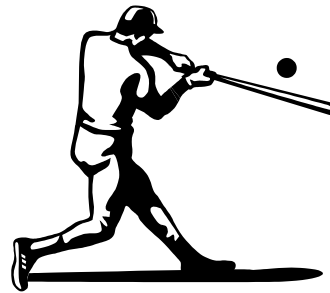
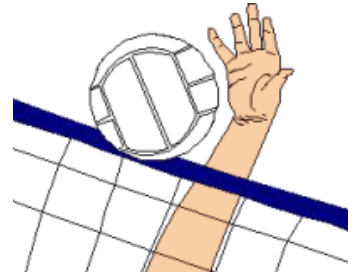


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**City of Fort Lupton Park and Recreation Department
Adult Sports Manual**

The Fort Lupton Park and Recreation Department would like to welcome you and your team to the Adult Sports Program. Enclosed you will find registration procedures, dates, rules, regulations, site locations and other information pertaining to our adult sports programs. If you have any questions, please do not hesitate to call the Recreation Center at (303) 857-4200 ext 106 or email jpryor@ftluptonrec.com. Good Luck and thank you for your interest and participation in our programs.

This information is subject to change, please contact the Sports Coordinator for additional information.

General Information

I. Purpose

The purpose of these leagues, sponsored by the Fort Lupton Recreation Department, is to combine the interest as well as provide the adults from the surrounding Northern Colorado communities in men's, women's, and Co-ed leagues the opportunity to experience friendly recreation and leisure experiences that: are cost effective, promote a healthy lifestyle, family friendly, a safe and fun environment, that promote clean sportsmanship. The Sports Department Staff strives to provide safe and exciting opportunities.

II. Function of the Recreation Department.

The Fort Lupton Recreation Department shall be responsible for the financial program of securing umpires, balls, awards, scorekeeper, and scorebooks (unless other arrangements have been made); general organization of the league, its registration, scheduling, general rules, tournaments, make-ups, and any and all decisions necessary to secure order and complete play. Each team should receive league rules, league roster, schedules, and tournament announcements.

III. Assumption of Risk

All participants are required to complete a waiver of liability form for each sport they participate in. All participants in adult sports activities assume the risk of injury. The City of Fort Lupton and the Recreation Department, its employees and agents shall not be liable for injury to person, loss or damage to personal property arising from or in any way resulting from participation in the adult sports activities or programs.

IV. Recreation Center Location

The Recreation Center is located at 203 South Harrison Avenue, Fort Lupton, CO 80621. Mail should be addressed to: Sports Coordinator, in care of Fort Lupton Recreation, 203 South Harrison Avenue, Fort Lupton, CO 80621. Our office number is (303) 857-4200, the sports coordinator's (John Pryor) extension is 106, and his email address is jpryor@ftluptonrec.com

V. Playing Sites

- A. Volleyball: All volleyball games are played at the Fort Lupton Recreation Center.
- B. Softball: All softball games are played at Pearson Park on the corner of HYW 52 and HWY 85.
- C. Basketball: All basketball games are played at the Fort Lupton Recreation Center.
- D. Dodge ball: All dodge ball games are played at the Fort Lupton Recreation Center.
- E. Co-ed Soccer: All Co-ed soccer games are played at the community park located directly behind the Recreation Center.
- F. Flag Football: All flag football games are played at the Fort Lupton Recreation Center.
 - ◆ *All playing times and locations are subject to change*
 - ◆ *Updated information will be handed out before each sport season –during Captain Meetings*
 - ◆ *Updated information will be given to each Team Captain; each captain will sign out that they received the information*

VI. League Format

- A. Volleyball leagues will consist of a minimum of 4 teams and play at least 7 regular season games and a tournament. All teams will have the opportunity to participate in the end of season single elimination tournament. Volleyball matches will have one up official, one down official, and two lines judges per game.
- B. Softball leagues will consist of a minimum of 4 teams and play at least 6 regular season games. All teams will have the chance to participate in the end of season tournament for an additional fee. Softball games will have two umpires.

- C. Basketball leagues will consist of a minimum of 4 teams and play at least 7 regular season games and a tournament. All teams will have the chance to participate in the end of season single elimination tournament. Basketball games will have two officials.
- D. Dodgeball leagues consist of a minimum of 4 teams and have at least 12 regular season games (6 weeks) and a tournament. All teams will have the chance to participate in the end of season tournament. Dodge ball leagues will have two officials.
- E. Soccer will consist of a minimum of 4 teams and play at least 7 regular season games and a tournament. All teams will have the chance to participate in the end of season tournament. Soccer matches will have one official per game.
- F. Flag Football will consist of a minimum of 4 teams and play at least 6 regular season games and a tournament. All teams will have the chance to participate in the end of season tournament. Flag Football games will have one official per game.
 - ◆ *All adult sport leagues must meet minimum participation requirements.*
 - ◆ *Each league is subject to bye weeks.*
 - ◆ *This information is subject to change; please see the sports coordinator with questions or comments.*

VII. Tournaments

- A. Tournament formats for all sports are single elimination games (unless otherwise stated).
- B. All teams from the league make the post-season playoffs (depending on the sport the tournament can be an additional fee).
- C. Standings will include all wins and losses (regular season record) & Defensive points allowed
 - 1. Regular season record
 - i. *ie: Team Orange has 7 (wins) – 1 (loss) vs. Team Bulldog that has 5 (wins) – 3 (loses) team orange would be the higher seed.*
 - 2. Defensive points allowed are those points scored against you from each game throughout the regular season.
 - 3. Defensive points are used to determine the seeding.
 - i. *ie: Team Orange has 6 (wins)-2 (loses) and a total of 55 Defensive Points vs. Team Bobcat that has 6 (wins) – 2 (loses) and a total of 52 defensive points – team bobcat would be the higher seeded team during the tournament.*
- D. The higher seeded team will always be the home team.
- E. Ties for playoff positions will be broken by the following system:
 - 1. Regular season record.
 - 2. Previous head-to-head competition between the tied teams.
 - 3. Fewest number of defensive points allowed during regular season.
 - 4. Coin toss.
- F. Any player ejected from one playoff game will be ineligible to participate in any other playoff games. Suspensions may continue into the following season.

VIII. League Fees

- A. Volleyball: \$250 (7 games) per team
- B. Co-ed Novice Softball: \$340 (7 games) per team
- C. Basketball: \$385 (7games) per team
- D. Dodge ball: \$105 12 games per team (regular season including playoffs is 7 weeks)
- E. Indoor Flag Football: \$190 per team (regular season including playoffs is 7 weeks)
- F. Co-ED Soccer: \$220 per team (regular season including playoffs is 7 weeks)
 - ◆ *Additional games may be added for higher fees*
 - ◆ *All fees' are subject to change; be sure to check the current brochure for current pricing*
 - ◆ *Additional sports may be added; please see the sports coordinator with your ideas*

IX. Awards

- A. Team awards will be given to the tournament or league winner depending on the league.
 - ◆ *If a league or team wishes to get different or individual awards, beyond what the Sports Department provides, they can do so for an additional cost. Please contact the sports coordinator with any questions or concerns*

X. Registration Procedures:

- A. In order to officially register a team in the Fort Lupton Recreation adult leagues, teams must complete in full the league roster form with a minimum of:
 - ◆ Volleyball: six players
 - ◆ Basketball: five players
 - ◆ Co-ed Novice Softball: eight players
 - ◆ Dodge Ball: six players
 - ◆ Indoor Flag Football: six players
 - ◆ Co-ed Soccer: eight players
 - i. If it is a Co-ed league each team must have the appropriate number of men and women for their registration to be accepted.
 - ii. If you are having trouble filling your roster please let the sports department know as soon as possible so they can give you draft list information.
- B. Each participant on the team must include their name, address, phone number, and email on the roster.
- C. All participants must have a signed waiver on file. If there is no waiver they can not play!
- D. At the time the roster is turned in, teams must pay the league entry fee. **TEAMS WILL NOT BE CONSIDERED TO HAVE REGISTERED WITHOUT A LEAGUE ENTRY FEE.**
- E. Teams must register by the registration deadline for their team to be given a spot in the league. Unless registration has been extended **NO LATE REGISTRATION WILL BE TAKEN.**
 - ◆ *Be sure to check your Rec Guide for sport specific information, dates, and deadlines!*

XI. Adding/Dropping Players

- A. New players must sign a liability waiver before they are allowed to play.
- B. All teams should attempt to fill the roster to the maximum number of players allowed.
- C. Players may be added or dropped to the roster up until the playoffs. However, to be eligible for the playoffs that person must have participated in at least 50% of the regular season games. **NO exceptions will be made.**
 - a. *Game Night additions – our goal in adult sports is to play, game night substitutions may be made as long as participants sign a waiver, are added to the roster, and present identification.*
- D. Addition of new players or dropping players is the responsibility of each team captain; the sports coordinator must be notified with all changes.
- E. Roster changes must be made prior to game time with **WRITTEN** approval from the sports coordinator.
- F. The Recreation Department will not assume special scheduling for players on men's/women's and co-ed team.
- G. Once a player has played on a team in at least one game that player may not change teams without **WRITTEN** approval of the captain and sports coordinator.
- H. Teams found guilty of playing players under an assumed name or any illegal players, their game will be automatically forfeited. Said player and manager or his designate will be **suspended** for 1 year from the date of the illegal action.
 - ◆ Umpires, scorekeepers and league supervisors will report all illegal information, incidents, and activities. All illegal activities will be recorded. Disciplinary actions will be taken depending on the severity of the illegal action.
- I. If an injury should occur to a roster member at any time throughout the season and that person can no longer participate then that team may fill that persons roster spot. If this should happen then that injured player is no longer eligible to play for the remainder of the season. Should this take place the sports department needs to be notified immediately and the roster change must be approved before the new player may participate.

XII. Team and Player Eligibility

- A. Players must be 18 years of age by Sept. 1 of the current year to play in League.
- B. If minors, age 16 and up, wish to play their parent or guardians must sign a consent form. Their parent or guardian must also participate on team and in the league.
- C. All participants must check in with the gym supervisor or officials before games can begin
- D. **All players must be able to present identification** to verify information if asked by the sports coordinator, gym supervisor, and or officials.

- ◆ Players must have an I.D. at the complex for all games. If there is a question as to a players status on a teams roster any player may be asked to produce an I.D. to prove he or she is on the roster in question. If the player has no picture I.D., the player is ineligible to participate if the city of Fort Lupton staff cannot prove the players identity. If a team is reduced to less than eight players because of eligibility, the game is a forfeit.
- E. Players may only play on one men's or women's team and/or one co-ed team.
- F. Roster maximum
 - ◆ Softball 18
 - ◆ Basketball 10
 - ◆ Volleyball 12
 - ◆ Dodge ball 10
 - ◆ Flag Football 8
 - ◆ Soccer 12
- G. No roster changes may be made past the 3rd week of the season.
- H. **Blood Rule:** A player, coach or umpire who is bleeding or has blood on his uniform shall be prohibited from further participation in the game until appropriate treatment can be administered. If said injured person cannot cover up the injury within five (5) minutes, that person will have to leave the game. (Teams should have extra jerseys available).
- I. City of Fort Lupton Public Intoxication and or Public Consumption Ordinance
 - ◆ No intoxicated person (as determined by umpires or League Supervisor) will be allowed inside the playing field.
 - ◆ The consumption of alcoholic beverages is not allowed in or around the Sports Complex.
 - ◆ **Teams or players violating this policy will be automatically suspended from the league.**
 - ◆ **Police WILL be called and YOU WILL BE REPORTED!**
- J. All players/teams must abide by the Player's Code of Conduct.

XIII. Forfeits

- A. The site supervisor's or umpires/referees watch is official time. If there is not a site supervisor, the referee's watch is the official time.
 - ◆ Game time is forfeit time unless previously cleared by coordinator or field supervisor.
- B. For softball, a team may begin and end with a minimum of eight players.
- C. For soccer, a team may begin and end with a minimum of six players.
- D. For basketball, volleyball, and dodge ball, teams may begin and end with four players.
- E. For flag football a team may begin and end with a minimum of 3 players
- F. In the event of a double forfeit, both teams will receive a loss.
- G. Opponent of the forfeiting team will receive the following amount of points:
 - ◆ Volleyball teams win 24 points (eight points for each match).
 - ◆ Basketball teams win 40 to 0 (one point for each minute in the game).
 - ◆ Softball teams win 7 to 0 (one point for each inning).
 - ◆ Dodge ball teams win 25 to 0 (one point for each minute of the match).
 - ◆ Soccer teams win 4 to 0 (two points for each half of the game).
 - ◆ Flag Football teams win 18 to 0 (three touchdowns a half/touchdowns equal 3 points)
- H. Teams with ineligible players in a playoff game will automatically forfeit all games.
- I. **If one player is ejected from game the referee has the right to call a team forfeit**
- J. **Disrespectful Behavior** or **Unsportsmanlike** or **Temper** or **Foul Language** conduct or voiced at an official, facility staff, or another player will result in player or team ejection from the night's play, plus one game suspension and possibly the rest of the season. **THIS WILL BEHAVIOR ABSOLUTLY NOT BE TOLORATED**

XIV. Cancellation Policy

- A. We want to play ALL games if possible
- B. Games will be cancelled for the following reasons: inclement weather (National Weather Service), dangerous playing conditions (Fort Lupton Sports Department), dangerous road conditions (Colorado Department of Transportation), and or under the Sports Coordinator's discretion.
- C. The Sports Department will contact the Captain (manager) and Assistant Captain (assistant manager) if there has been a cancellation. All roster players should call your captains or managers for cancellation information.
- D. Cancellation HOT – LINE 303-857-4200 ext 106 be sure to check your emails!

- E. In the event games are canceled the sports department will do their best to re-schedule games, no missed game will interfere with regular scheduled games. All rescheduled games will be signed off on by the team captains or manager staff.

XV. Disputes & Protests

- A. **No protests regarding umpires judgment calls will be considered.** ANYONE violating this regulation shall be subject to immediate removal from the game. Prolonged arguments will not be allowed.
- B. Protest shall be received and considered on matters of:
- ◆ Misinterpretation of a playing rule.
- C. The Recreation Protest Committee will decide any Protest that is filed. Protest committee to be: Recreation Coordinators, Sport Coordinator, and the Field Supervisors.
- D. The umpires are instructed to talk to managers only. All others will retire from the immediate vicinity (at least 20 feet). ANYONE violating this regulation shall be subject to immediate removal from the game.
- E. Immediately after the game a **\$50 cash protest fee** shall be paid to the field supervisor along with a protest form completed and turned in that night or within 24 hours after the game. If the protest is valid, the fee will be returned; if not valid, the fee will be retained for operating expenses.

XVI. Player Code of Conduct

This league is a Recreation League which emphasizes fun and sportsmanship. Keep it fun!

- A. **NO FOUL LANGUAGE:** each foul language incident will be followed with a \$5.00 fine that must be PAYED before that person is allowed back into league play.
- B. **Technical or Unsportsmanlike conduct:**
- ◆ **If one player is ejected from game the referee has the right to call a team forfeit**
- C. Disrespectful Behavior or Unsportsmanlike or Temper or Foul Language conduct or voiced at an official, facility staff, or another player will result in ejection from the night's play, plus one game and possibly the rest of the season. **THIS BEHAVIOR WILL ABSOLUTELY NOT BE TOLORATED.**
- D. NO PARTICIPANT OR SPECTATOR SHALL is guilty of a physical attack; lay a hand upon, push, shove, strike or kick an official, participant, coach, agency representative, manager or another spectator. Officials are required to immediately suspend participant from further play and report participant to league director. The participant shall remain suspended until his/her case is considered by the league director.
- ◆ MINIMUM PENALTY: Suspension from one league game and placed on probation for the remainder of the season.
- E. NO PARTICIPANT OR SPECTATOR SHALL be guilty of leaving his/her offensive, defensive position, respective dugout areas, or seating areas to further incite any verbal or physical confrontation between players on the field or court.
- ◆ MINIMUM PENALTY: Immediate ejection with possible further sanctions dispensed by league office.
- F. NO PARTICIPANT OR SPECTATOR SHALL be guilty of damaging or defacing agency facilities. Officials or agency representatives are required to immediately suspend individual and report incident to league director.
- ◆ MINIMUM PENALTY: Suspension from further play until financial responsibility is met by individual and/or team AND probation for remainder of the season.
- G. NO PARTICIPANT SHALL refuse to abide by an official's decision or be guilty of verbal or forceful demonstrations of dissent to an official's decision.
- ◆ MINIMUM PENALTY: Removal from the game.
- H. NO PARTICIPANT SHALL appear in, on or around a facility at any time under the influence or in possession of a controlled substance or in an intoxicated condition. Officials are required to suspend participant from further play and report such player to the league director.
- ◆ MINIMUM PENALTY: Suspension from two league games and placed on probation for the remainder of the season.
- I. *The judgments from one league carry over into all other leagues, debts must be paid in full before player or players may resume play.*

Special Notes about the Code of Conduct:

- A. The league director shall have the power and full discretion of imposing penalties on any and all violations of the code of conduct. In any violation not included in said code, the penalty shall be at the discretion of the league director.
- B. *Any participant removed from a game must leave the park or facility immediately.*
- C. Any participant having been once penalized by enforcement of the code of conduct and reported again for violating the code of conduct will be subject to additional penalties open to the determination of the league director.
- D. Captains are responsible for actions of their participants and spectators at all times.
- E. Captains are responsible for the actions of their fans; but they are encouraged to take proactive measures in the supervision and interaction with to minimize any and all incidents.
- F. Any individual or team that is placed on probation or suspension for violation of items in this code of conduct is automatically on probation or suspension for ALL ACTIVITIES sponsored by the Fort Lupton Recreation Center during the effective period.
- G. The penalized parties must meet with a member of the sports department before they can re-enter the league.

XVII. Manager's Responsibilities

- A. Submitting player rosters and liability waivers to the league director. Waivers must be filled out completely, accurately and legibly as well as signed by the player.
- B. Making sure the roster is kept up to date with all active players.
- C. Keeping all players and team spectators in control as it relates to the code of conduct.
- D. Enforcing the **no cigarette or alcoholic** beverage policy at all facilities.
- E. Inform all team members of the information in this manual or any other printed material provided by the Fort Lupton Parks and Recreation Department.
- F. Inform all team members of game times, dates, and locations.
- G. Inform Parks and Recreation Department of any difficulties that may occur.
- H. **Keeping your dugout and bench area clean, respecting our facilities, and following all rules**
- I. Managers are responsible for keeping the player's bench clear of all persons except players and those who are directly associated with the team. Umpires are to enforce this rule. Players of other teams shall not be permitted to sit on the bench. Children **MAY NOT** sit on the bench. No dogs or smoking allowed in the dugouts. **No** alcoholic beverages are allowed in the dugout. Game will be counted as a forfeit if alcohol or smoking is found in the dugout by an umpire or supervisor. There may be no more than **TWO** non-player persons associated with a team on the bench at any time.
- J. No club may have more than one bat or ball person. This person is to be no younger than 10 years, and be competent in the judgment of the umpires and league personnel.

XVIII. Rules – See Attachment

Problems or Concerns

Many different issues or circumstances can arise during the season; please do not hesitate to contact me if you have any questions, problems or concerns. I am always willing to help and appreciate any feed back you can give me about how the program is running. I can be reached at (303) 857-4200 ext 106 or at jpryor@ftluprec.com

GOOD LUCK & HAVE FUN!