

STARTS: JANUARY 25, 2010



Fort Lupton Recreation Center

203 South Harrison Ave

303-857-4200



- BIG LOSER -

WHO: Adult of all ages with teams of 4 participants

WHAT: 6 week incentive

WHEN: Starts Monday, January 25, 2010

WHERE: Ft. Lupton Recreation Center

WHY: TO LOSE WEIGHT & START A HEALTHY LIFESTYLE!

FEE: \$18/person (all registrants get a t-shirt and are eligible for other great prizes. Facility membership is required or drop in fee applies.

AWARDS

Most total percent weight loss per team:

One month extension on membership & Free Entry to May Day 5k Run/Walk

Most total pounds loss per team: *Heart Rate Monitor*

Most total points accumulated for Team Workouts: *Discount Movie Passes*

Male & Female with most percent body weight loss:

Free Entry to May Day 5k Run/Walk May 8, 2010

For more information please call Stacey at 303.857.4200 or e-mail at skeanaaina@fortlupton.org.

